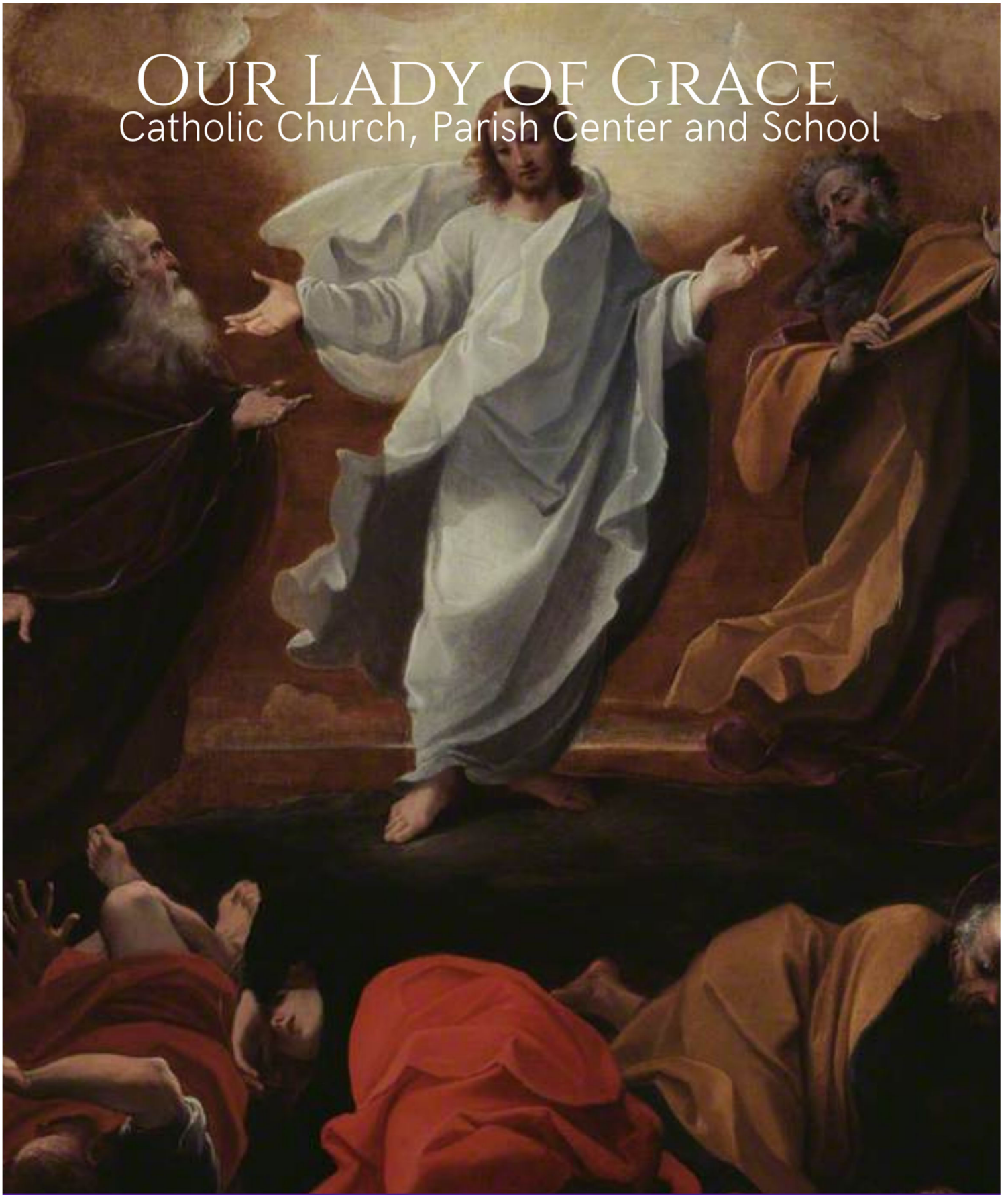


OUR LADY OF GRACE

Catholic Church, Parish Center and School



February 25, 2024

Second Sunday of Lent

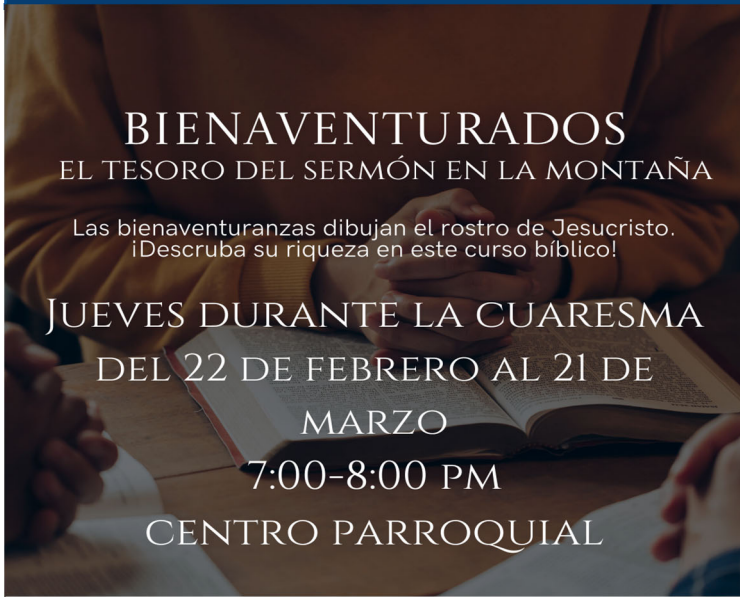
5011 White Oak Ave, Encino, CA, 91316

(818) 342-4686/www.ourladyofgrace.org/ Social Media: @olgencino

RELIGIOUS EDUCATION CONGRESS

This past weekend, some of Our Lady of Grace's catechesist and clergy attended the annual Religious Education congress, organized by the Archdiocese of Los Angeles. This congress is an opportunity to connect with the Archdiocesan resources and learn from some internationally recognized catholic speakers.





BIENAVENTURADOS
EL TESORO DEL SERMÓN EN LA MONTAÑA

Las bienaventuranzas dibujan el rostro de Jesucristo.
¡Descruba su riqueza en este curso bíblico!

JUEVES DURANTE LA CUARESMA
DEL 22 DE FEBRERO AL 21 DE
MARZO
7:00-8:00 PM
CENTRO PARROQUIAL



**LENTEN ACTIVITIES-OLG
2024**

- **Soup Supper**– 7:00 pm on the Church Patio. Next hosting ministry: Hispanic/ Guadalupanos ministry
- **Stations of the Cross (English):** 7:30 pm in the Church (except for March 1 and 8)
- **Series on Prayer**– “Conversing with God,” led by Deacon Anthony Huynh. Beginning on Monday, February 26 at 9:00 am in the Parish Center
- **Bible studies for women**– “The prophet Hosea,” Tuesdays of Lent, at 9:00 am in the Parish Center
- **Night of prayer for Men**– Tuesday, March 26 at 7:00 pm in the Church

CONVERSING WITH GOD
5 WEEK PRAYER SERIES

Learn how to pray more effectively and develop a stronger relationship with God through prayer

MONDAYS IN LENT
FROM FEBRUARY 26 TO MARCH 25
9:00-10:00 AM | PARISH CENTER

VIRTUS®
RECERTIFICATION

For those who are already VIRTUS certified, but their certificates has less than 4 years expired

Saturday, March 2
English Track

12:00-1:30 pm

Parish Center

Call the parish office to sign up

VIRTUS®
RECERTIFICACIÓN

Para aquellos que ya tienen VIRTUS, pero que su certificado venció hace menos de 4 años

sábado 2 de marzo
track en español

9:30-11:00 am

Centro Parroquial

Llame a la oficina para apuntarse

ACTIVIDADES DE CUARESMA 2024

- **Via Crucis**– todos los Viernes de Cuaresma (excepto el 1 y 8 de marzo) a las 6:30 pm en la iglesia
- **Viernes de sopa**– todos los Viernes de Cuaresma (excepto el 1 y 8 de marzo) a las 7:00 pm en el patio de la iglesia.
- **Venta de comida para beneficio de la producción del via crucis**– domingo 25 de febrero, después de todas las misas
- **Estudios bíblicos-”Bienaventurados”** iniciando el jueves 22 de febrero a las 7:00 pm en el centro parroquial

Dear Our Lady of Grace family,

Praise be Jesus Christ, now and forever!

On this second Sunday of Lent, I would like to leave you with a reflection from benedictine monk Laurence Freeman, OSB:

“We make the choice to be peaceful, not on the global but personal level, not through external action but through interior work. It should as Jesus says be a modest and hidden work so that the ego has less occasion to hook on it. As we are so will our world be. Be calm and you will create calm. You may give up alcohol or candy or Netflix or gossip or checking your phone before you pray in the morning. You may read the daily gospel as part of your prayer, or choose a book as your companion through the desert of the next forty days. Perseverance and consistency work wonders in our state of mind and for the harmony of inner and outer: and because we are not perfect and not machines perseverance includes starting again when we fail.

These Lenten practices increasingly become sources of peace and delight as we try to be faithful to them. They are in fact among the simple, free pleasures of life—not burdens or bores. Through then, throughout Lent we remember the virtues that are often downplayed or ridiculed in our culture—moderation, self-restraint, repetition, respect for our limitations. Give up something and do something extra. This is the heart of healthy spiritual exercise. The fruits of Lent will not appear if you try to force them or just by thinking about them. They bud and flower and fall subtly, surprisingly and therefore delightfully.”

LENTEN RECIPE OF THE WEEK

When I was a religious brother living in community we took turns cooking dinner. In a monastery that had 8 to 12 brothers one had to learn to be frugal with the budget, creative with the recipe, and still look appetizing.

You may have heard, made or tasted lentil soup before, but lentils are perfect to have in salads as well! The recipe of this week is just that Lentil Salad, which is both filling and light thanks the fresh vegetables that balance the protein and fiber present in lentils.

MEDITERRANEAN LENTIL SALAD

INGREDIENTS

- Lentils
- Grape tomatoes
- Cucumbers and radishes
- Red onion
- Kale, spinach and/or arugula
- Green olives
- Feta Cheese
- Lemon or Greek dressing
- Fresh mint and parsley



STEPS

1. Rinse and prepare the lentils before cooking them
2. Simmer the lentils—fill a large pot halfway with water, bring it to a boil, and add the lentils. Simmer until they're tender. The specific cook time will depend on what type of lentils you're cooking.
3. Cut the vegetables, in tiny squares, as you would for a normal salad.
4. Dry the lentils and place them at the bottom of your salad bowl.
5. Add the vegetables, feta cheese, and dressing. Mix to combine and voilà! You got yourself a mediterranean lentil salad!

Happy Cooking!

Fr. Marinello Saquin



**Querida familia de Nuestra Señora
de la Gracia,
¡Alabado sea Jesucristo hoy y siempre!**

En este segundo domingo de Cuaresma, me gustaría dejarles una reflexión del monje benedictino Laurence Freeman, OSB:

“Tomamos la decisión de ser pacíficos, no a nivel global sino personal, no a través de la acción externa sino a través del trabajo interior. Debe ser como dice Jesús un trabajo modesto y oculto para que el ego tenga menos ocasión de engancharse en él. Como somos, así será nuestro mundo.

Mantén la calma y crearás calma. Puedes dejar el alcohol, los dulces, Netflix, los chismes o revisar tu teléfono antes de orar por la mañana. Puedes leer el evangelio diario como parte de tu oración o elegir un libro como compañero en el desierto de los próximos cuarenta días. La perseverancia y la coherencia hacen maravillas en nuestro estado mental y en la armonía interior y exterior: y como no somos perfectos ni máquinas, la perseverancia incluye empezar de nuevo cuando fallamos.

Estas prácticas de Cuaresma se convierten cada vez más en fuentes de paz y deleite a medida que tratamos de serles fieles. De hecho, se encuentran entre los placeres simples y gratuitos de la vida, no entre cargas ni aburrimiento. Hasta entonces, durante toda la Cuaresma recordamos las virtudes que a menudo son minimizadas o ridiculizadas en nuestra cultura: la moderación, el autocontrol, la repetición, el respeto por nuestras limitaciones. Renuncia a algo y haz algo extra. Este es el corazón del ejercicio espiritual saludable. Los frutos de la Cuaresma no aparecerán si intentas forzarlos o simplemente pensando en ellos. Brotan, florecen y caen sutilmente, sorprendentemente y, por tanto, deliciosamente”.

RECETA DE CUARESMA SEMANAL

Cuando era un hermano religioso que vivía en comunidad, nos turnábamos para preparar la cena. En un monasterio que tenía de 8 a 12 hermanos uno tenía que aprender a ser frugal con el presupuesto, y a la vez creativo con la receta.

Es posible que hayas oído, preparado o probado la sopa de lentejas antes, ¡pero las lentejas también son perfectas para acompañar ensaladas! La receta de esta semana es esa ensalada de lentejas, que es a la vez abundante y ligera gracias a las verduras frescas que equilibran la proteína y la fibra presentes en las lentejas.

ENSALADA DE LENTEJAS



INGREDIENTES

- Lentejas
- Tomates de uva
- Pepinos y rábanos
- Cebolla roja
- Kale, espinaca, y/o arugula
- Aceitunas verdes
- Queso feta
- Aderezo de limón ó griego

PASOS DE PREPARACIÓN

1. Lave y escurra las lentejas antes de ponerlas a cocer.
2. Llène con agua una olla grande hasta la mitad, déjela hervir y agregue las lentejas. Cocine a fuego lento hasta que estén tiernas. El tiempo de cocción dependerá del tipo de lentejas que esté cocinando.
3. Corte las verduras, en cuadritos pequeños, como lo haría para preparar una ensalada normal
4. Seque las lentejas y colóquelas al fondo de un plato hondo para ensaladas
5. Agregue los tomates, pepinos, espinaca, y demás verduras, queso feta y aderezo. Mezcle para combinar y ¡listo! ¡Ya podrá disfrutar de una ensalada mediterránea de lentejas!

¡Disfrute de la receta!

Fr. Marinello Saquin





MARY: MOTHER AND DISCIPLE

The Church venerates the Blessed Virgin Mary, because she is the Mother of God. At the same time, she is worthy of imitation because she is the first and perfect disciple of her Son. Come learn from Mary how to walk more closely with Jesus and how to experience her maternal care on the journey

WEDNESDAY, FEBRUARY 28
7:00 PM | CHURCH

\$10

at the door (admits 2)

PRESENTED BY:



Fr. Parker Sandoval

&



Fr. Marinello Saguin

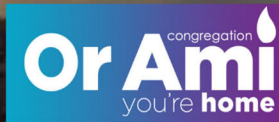
Special lenten conference, part of the University Series. The University Series® offers sessions connecting faith with real life in areas such as current events, contemporary moral issues, evangelization, faith and science, marriage and family, church history, scripture, and prayer. 2 upcoming sessions at OLG: March 7 and 14



SPIRIT OF THE GALILEE

PANEL DISCUSSION AT ST. MEL

TUESDAY FEBRUARY 27



7-week session **Bible Studies**
for women

Topic:
THE PROPHET HOSEA



Tuesdays through March 26
9:00-10:30 am
in the Parish Center



OUR LADY OF GRACE PRESENTA
CONGRESO EUCARÍSTICO



SCAN ME



¡MÁS INFORMACIÓN!

8 Y 9 DE MARZO

INVITADOS ESPECIALES:

ENTRADA GRATIS



PBRO. MARTÍN ÁVALOS



DEI VERBUM



PBRO. MARINELLO SAGUIN

3/8- 6:30 PM-9:00 PM
3/9-10:00 AM-3:00 PM

HABRÁ VENTA DE
COMIDA EL SÁBADO 9
DE MARZO

FOR OUR BELOVED SICK

If you know someone who is homebound or sick please call the parish office to arrange for one of our ministers to come out to them for Holy Communion

Veronica Pomposa	Yolanda Aburto	Liz Knight	Joanne Williams
Pablo Godinez	Nelson Aburto	Karlo Cuesta	Patty Sims
Claire Mansour	Karo Dylanian	Samantha Ramirez	Jay Newman
Mercedes	Shereen Peer	Corzo Family	Kathy Dunn
Echegoyen	Michael Peer	Stephen B.	Maria Kuhl
Jeff Kinzli	Grace Cihanowyz	Salagubang	Melinda Lowenstein
Aidan Bradley	Renee Harbour	Rubén Salagubang	Alexa Arellano
Phillip Ribas	Angela Rostani	Jeannie Arigei	Lucia Reyes
Allison Arahkn	Stephanie Rivas	William Hardy	Maria G. Legaspi
Franklin Moya	Angela Berry	Tim Grimm	Mary Pham
Mariano Velazquez	Tony Mammo	Herminda Ulloa	Alexa Willett Olibia
Susan Morales	Tonya Fuentes	Sylvia Williams	Dr. Naresh Saxena
Paula Aguilar	Fuentes Family	James Pryer	Patricia Yahnke
Ed Ricard	Mejia Family	Josefina Villalobos	Bill Hughes
Gary Thomas	Jasmin Reyes	Terry Hughes	
Patricia Branagan	Jose Reyes	Leo Quintanilla	
Phyllis Richardson	Anne Nicholson	Clara Mercedes	
Harolyn Matisoff	Chrystal Pritchard	Aguilar	
Pat Borland	Brianna Mantallana	Jason Garcia	
Julie Sianzon	Jolli Sisante	Maria A. Alzamora	

FOR OUR MILITARY MEN AND WOMEN**U.S. NAVY**

Andres L. Aguilera
Jamila Habibullah
Jake Schneider
Emily Pomposo
Jordan Arteaga
Jeffrey Quintero
Connor M. Coffey

U.S. Marine Corps

Manuel Arteaga
Christopher Castillo
Andrew Barragan
Monica Pagan
George Moreno Jr.
Thomas J. Felix

Luis Mancillas

U.S. Army

Nicholas Lombard
Heather Pomerantz
Brian Pomerantz
Corey Raby
Vincent Sanwo
Ron Clemente
Anthony Villwock
George Moreno

Phillip Rivas
Marc. A. Monreal
Anthony Diaz
Michael Arnold

U.S. Air Force

Fernando Aguilera
Marco Flores
Jorge Godina
Steve Hyath

U.S. Coast Guard

David Scates
Brian Page (LAFD)

MASS SCHEDULE/HORARIO DE MISAS

Daily: 8:00 am (English only)

Saturday/Sábado:

8:00 am; 5:00 pm (Vigil Mass)

Sunday/Domingo:

8:00am; **9:30am***, 11:00am (Español); 12:30pm

*translation in sign language available.

Livestream option available

First Friday/Primer Viernes

6:30 pm (bilingual Mass/ Misa bilingüe)

Reconciliation/Confesiones

(Christmas and Lent schedule may change)

Friday: 5:00-6:00 pm

Saturday: 9:00-10:00 am

Eucharistic Adoration/Adoración Eucarística

Every Friday/ cada viernes:

8:30am-6:00pm (chapel)

First Friday/primer viernes:

10:00 am-11:59pm(church)

First Saturday/primer sábado

12:00am-7:45am (church)

Parish Office Hours/Horario de la oficina parroquial

Monday-Friday: 9:00am-6:00pm

(closed for lunch 12:00-1:00pm)

Weekends: CLOSED

WEEKLY MASS INTENTIONS

NOTE: CALL OR COME TO THE PARISH OFFICE 10 DAYS IN ADVANCE TO REQUEST YOUR MASS INTENTIONS

Saturday, February 24 (Vigil Mass): Robert

Morrissey Jr. (D); Conchita Abad (D); Mary Manuel (L); Mateo Manuel Robles (L)

Sunday, February 25

8:00 am: Diego Villarba (D); Arlene Villarba De Jesus (D); Suzette Barrow (D)

9:30 am: Adam Anderson (D); Anita Cadelina Solis (D); Caroline Grace Ashby (L-healing); Bernadette Grace Baricaua (L-healing); Evan Reese (L-healing); Mercedes de Echegoyen (L-healing); Stephen Clark Tague (L-healing)

11:00 am: PRO-POPULO

12:30 pm: Juan Collas (D); Louis & Constance Blank (D); Maria Emmi Villavicencio & Family (L); Natalie & Lorenzo Quijas (L-healing)

Weekly Intentions 02/26-3/02

02/26: Rakell Ramirez (L-birthday)

02/27: Carlos Huerta(D)

02/28: MariaLuisa Robles (D); Peter & Anisha Virgen (L-Wedding Anniversary)

02/29: Peter & Anisha Virgen (L)

03/01: Diego Villarba (D); Arlene Villarba De Jesus (D); Donato Garcia (D); Kathya, Daniella & Montserrat (L-birthdays); Peter & Anisha Virgen (L-Wedding Anniversary)

03/02: Suzette Barrow (D); Lucita Dominguez (D); Peter & Anisha Virgen (L)

GIVE TO OLG

Text **GIVE** to **(833) 976-3792**

Online:

pushpay.com/g/ourladyofgrace

QR Code:



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OURLADYOFGRACE.ORG

PHONE: (818) 342-4686

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Our Lady of Grace, Encino



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Our Lady of Grace, Encino



SCAN TO GET OUR LATEST NEWS!



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(818) 342-4686, EXT. 200MASS READINGS
SANTAS LECTURAS

FIRST READING: GN 22:1-2, 9A, 10-13, 15-18

RESPONSORIAL PSALM: Ps 116:10, 15, 16-17, 18-19

SECOND READING: ROM 8:31B-34

GOSPEL: Mk 9:2-10

MONDAY, FEBRUARY 26, 2024

FIRST: DN 9:4B-10

PSALM: Ps 79:8, 9, 11 AND 13

GOSPEL: LK 6:36-38

TUESDAY, FEBRUARY 27, 2024

FIRST: Is 1:10, 16-20

PSALM: Ps 50:8-9, 16BC-17, 21 AND 23

GOSPEL: MT 23:1-12

WEDNESDAY, FEBRUARY 28, 2024

FIRST: JER 18:18-20

PSALM: Ps 31:5-6, 14, 15-16

GOSPEL: MT 20:17-28

THURSDAY, FEBRUARY 29, 2024

FIRST: JER 17:5-10

PSALM: Ps 1:1-2, 3, 4 AND 6

GOSPEL: LK 16:19-31

FRIDAY, MARCH 1, 2024

FIRST: GN 37:3-4, 12-13A, 17B-28A

PSALM: Ps 105:16-17, 18-19, 20-21

GOSPEL: MT 21:33-43, 45-46

SATURDAY, MARCH 2, 2024

FIRST: MI 7:14-15, 18-20

PSALM: Ps 103:1-2, 3-4, 9-10, 11-12

GOSPEL: LK 15:1-3, 11-32



THIS IS MY BODY ESTE ES MI CUERPO

At the Last Supper, Jesus, in a culminating way, embodied Yahweh's desire to sit in easy intimacy with his people sharing His life with them. He said, "I have eagerly desired to eat this Passover with you before I suffer." (Luke 22:15)"

Do I desire to sit in easy intimacy with God? What do I need to do to safeguard time for prayer, for an intimate conversation with God? Do I eagerly wait to receive Jesus in Holy Communion because He does!!! He is waiting for us, longing for us, and desiring our love and presence.

It is most important to remember that the Last Supper took place on the night before Jesus' death, which is to say, at the moment, when He was summing up His life and preparing for his own Passover into the realm of the Father. Therefore, insisting that He will not eat or drink again until the Kingdom arrives is tantamount to explaining that this

meal has a final and unsurpassable symbolic significance, that it is His last words spoken, as it were, in the shadow of eternal, and thus redolent of the divine order.

What would be my last message to those who are around me at "my last supper" before I die; what would be the most important words to pass on to my loved ones?

"This is my body, which is given for you." ... "This cup that out for you is the new covenant of my blood." (Luke 22:20). Jesus fed His friends with His very substance, effecting the deepest kind of co-inherence among them because of the radicality of His own co-inherence with them. To say, body and blood, in the nondualist context of first-century, Judaism, is to say self, and thus Jesus was inviting His disciples to feed on Him and thereby to draw His life into theirs, conforming themselves to Him in the most intimate and complete way possible.

EVENTOS DE CUARESMA

VENTA DE COMIDA EN BENEFICIO DEL VIA CRUCIS EN VIVO

¡Apoye la producción del via crucis en vivo! **domingo 25 de febrero después de todas las misas**

**Menú: POZOLE | TACOS DE ASADA | TAMALES | TORTAS | TOSTADAS DE TINGA
CHAMPURRADO | AGUA FRESCAS | SODAS | CAFÉ**